

Monday Tuesday Wednesday Thursday Friday

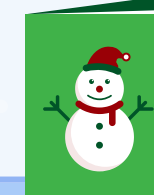




FREE SERVICES
AGES 12-25
HUB DROP-IN HOURS
New! OPEN MON-FRI
10:30am-6:00pm
[321-9401 Jane St,](#)
[Maple ON](#)
DEC 22 - JAN 2
Holiday Hours: 9:00am-4:30pm

Wellness Your Way:

- 100% FREE SERVICES
- Mental Health & Substance Use Services
- Peer Support
- Care Navigation
- Employment
- Housing

FREE

This month we observe many winter holidays including Bodhi Day, Christmas, Hanukkah, Kwanzaa, New Years Eve, and Winter Solstice.

<div>1</div> <div>Peer Support & Care Navigation</div> <div>Drop-in 2:30pm-6pm</div>	<div>2</div> <div></div> <div></div>	<div>3</div> <div>Winter Wellness Cupcakes & Cocoa Baking Drop-in 4-6pm *Sign-up Required*</div> <div></div>	<div>4</div> <div>KUUMA RAPID ACCESS: Counselling & Therapy for Black-Identifying youth 2-8pm</div> <div></div>	<div>5</div> <div>WINTER FRIDAY FILM + POPCORN 3:30-5:30pm</div> <div></div>
<div>8</div> <div>Volunteer Hours with CHATS DROP-IN 3:30-5:30pm</div> <div></div>	<div>9</div> <div></div> <div>ALPHABET SOUP 4-6pm</div>	<div>10</div> <div>Peer Support & Care Navigation Drop-in 2:30pm-6pm</div> <div></div>	<div>11</div> <div>KUUMA RAPID ACCESS: 2-8pm</div>	<div>12</div> <div>WINTER FRIDAY FILM + POPCORN 3:30-5:30pm</div> <div></div>
<div>15</div> <div>Volunteer Hours: with CHATS DROP-IN 3:30-5:30pm</div> <div></div>	<div>16</div> <div></div> <div>QUEER & HERE Ages 17-25 4-6pm</div> <div></div>	<div>17</div> <div>Winter Wellness: Gingerbread House Decorating 4-6pm *Sign-up required*</div>	<div>18</div> <div>KUUMA RAPID ACCESS: 2-8pm Peer Support & Care Navigation Drop-in 2:30pm-6pm</div>	<div>19</div> <div>HOLIDAY FRIDAY FILM + POPCORN 3:30-5:30pm</div> <div></div>
<div>22</div> <div>New! Open 9:00-4:30pm Holiday Hours Peer Support & Care Navigation Drop-in 10pm-2pm</div>	<div>23</div> <div>Open 9:00am-4:30pm Winter Wellness: Paint Event 1-3pm *Sign-up Required* DROP-IN COUSELING AVAILABLE W/ 360 Kids 9am-12pm 2pm-4:30pm</div>	<div>24</div> <div>Open 9:00am-4:30pm</div> <div></div>	<div>25</div> <div>YWHO CLOSED</div> <div></div>	<div>26</div> <div>YWHO CLOSED</div> <div></div>
<div>29</div> <div>Open 9:00-4:30pm</div>	<div>30</div> <div>Open 9:00-4:30pm Peer Support & Care Navigation Drop-in 10am-2:00pm</div>	<div>31</div> <div>Open 9:00-4:30pm HAPPY NEW YEAR!</div> <div></div>	<div>SIGN UP >></div> <div></div>	

Questions?

Call (905) 503-4946

Website: [click here](#)

Email: anagy@yorkhills.ca

December²⁰²⁵ YWHO MAPLE Programs

FOLLOW US:
IG [@YWHO.MAPLE](#)



FREE!



SIGN UP >>

QUEER & HERE

**DROP-IN FOR MEMBERS
OF THE 2S LGBTQIA+
COMMUNITY
AGES 17-25.
DEC 16 4-6PM.
PEER SUPPORT LED BY A
MEMBER OF THE
COMMUNITY.**



KUUMBA york hills Centre for Children, Youth and Families

Counselling & therapy support for
Black-identifying children, youth (0-25).
Sessions are offered virtually or in-
person with Black-identifying therapists
who create a safe and culturally
affirming space. Book your own
appointment quickly and easily.
Fast access. No waitlist. Wellness your
way.
Support when you need it - on your
schedule.

905-503-9560

KUUMBA@YORKHILLS.CA



SIGN UP

Holiday Cards x CHATS

We're looking for volunteers,
to help us spread some holiday
cheer!

Join us for holiday card
making for our friends at
CHATS!

Get 4 volunteer hours:
Dec 8 3:30-5:30PM
& Dec 15 3:30-5:30PM



Film Friday

**Friday 3:30-5:30pm
Winter Movie Nights!**

**Snacks and popcorn
provided!**

**Vote on IG for our
movie selection!**



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SIGN UP >>



360 Kids Counseling

Counselling is a wonderful tool to help young people move from the pain of the past towards a resilient future.

Drop in to speak with a counsellor from 360 kids on **Tuesday, December 23rd**



Winter Wellness



LOOKING FOR SOME WINTER FUN? BRACE THE COLD AND JOIN US!

Cupcakes & Hot Cocoa

A cozy baking drop-in paired with a chill conversation about winter self-care.

Gingerbread Making and Decorating!

Winter Painting Event

Unwind, get creative & paint with us!

*** Sign-up is required For ALL of the events above***



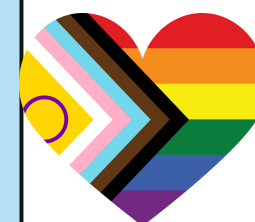
ALPHABET SOUP

**2S LGBTQIA+ Drop-In
Ages 12-16**

Crafts, snacks, games, and more!

Led by a member of the community!

DEC 16 at 4:00PM



Peer Support & Resource Navigation

Looking for a confidential and safe space to talk about: mental health, school, homework, stress, goals and more?

AND support navigating community resources ?

Drop-in for a session:

DEC 1, 2:30-6PM

DEC 10, 2:30-6PM

DEC 18, 2:30-6PM

DEC 22, 10AM-2:00PM

DEC 30 10AM-2:00PM

