

City & District of Thunder Bay Youth Wellness Hub

# March Activities Calendar

## Tuesday

**3**  
**Shkoday Pathways**  
 4:30-5:30PM  


---

**The New Mentality**  
 5:30-7PM

**10**  
**Shkoday Pathways**  
 4:30-5:30PM  


---

**The Other 10%**  
 5:30-7PM

**17**  
**S.O.I.L**  
 9AM-4PM  
 (See Poster)  


---

**Housing -TBDSSAB**  
 1:30-4PM  


---

**The New Mentality**  
 5:30-7PM

**24**  
**Shkoday Pathways**  
 4:30-5:30PM  


---

**The Other 10%**  
 5:30-7PM

**31**  
**Shkoday Pathways**  
 4:30-5:30PM  


---

**The New Mentality**  
 5:30-7PM

## Wednesday

**4**  
**Wild Rice Pudding w/ Mushkiki** 4-5:30PM  


---

**Shkoday Pathways**  
 4:30-5:30PM  


---

**Study w/ Kam**  
 5-7PM

**11**  
**Slime Making w/ Shkoday**  
 4:30-5:30PM  


---

**Study w/ Kam**  
 5-7PM

**18**  
**Stay Tuned!**  


---

**Study w/ Kam**  
 5-7PM

**25**  
**Shkoday Pathways**  
 4:30-5:30PM  


---

**Movement With Leks** 5-6PM  


---

**Study w/ Kam**  
 5-7PM



## Thursday

**5**  
**Youth Move**  
 4-6PM  


---

**Kwetu Tutoring**  
 5-7PM

**12**  
**Youth Move**  
 4-6PM  


---

**Kwetu Tutoring**  
 5-7PM

**19**  
**Youth Move**  
 4-6PM  


---

**Kwetu Tutoring**  
 5-7PM

**26**  
**Youth Move**  
 4-6PM  


---

**Kwetu Tutoring**  
 5-7PM



## Friday

**6**  
**Doors Open** at 2:30PM  


---

**Youth Outreach**  
 4-6:30PM  


---

**12-17 Drop in**  
 4-7PM

**13**  
**Doors Open** at 4PM  


---

**Youth Outreach**  
 4-6:30PM  


---

**18+ Drop in**  
 4-7PM

**20**  
**Doors Open** at 4PM  


---

**Baking w/ Gwen**  
 4-6PM  


---

**Youth Outreach**  
 4-6:30PM  


---

**12-17 Drop in** 4-7PM

**27**  
**Doors Open** at 2PM  


---

**Art w/ Lutheran CC**  
 2-4PM  


---

**Youth Outreach**  
 4-6:30PM  


---

**18+ Drop in** 4-7PM



## Saturday

**7**  
**Movie Day & Comfy Clothes**  
 12-4PM

**14**  
**Zine Making**  
 1-4PM

**21**  
**Nature Walk**  
 2-4PM

**28**  
**Spring Party**  
 1-4PM



# City & District of Thunder Bay Youth Wellness Hub March Clinical Calendar

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Saturday**

**3**  
Jessica CCTB  
1-4PM  

---

Alyssa TBC  
4-7PM

**4**  
Alicia CCTB  
4-7PM  

---

Jodi NP  
5-7PM

**5**  
Lacey TBC 4-7 PM  

---

Marisa NP  
4-7PM

**6**

**7**

**10**  
Alicia CCTB  
St. Joes 1-4PM  

---

Alyssa TBC 4-7PM  
Marisa NP  
4-7PM

**11**  
Dilico 1-4PM  

---

Jodi NP  
5-7PM

**12**  
Lacey TBC 4-7 PM  

---

Marisa NP  
4-7PM

**13**

**14**

**17**  
Jessica CCTB  
1-4PM  

---

Alyssa TBC  
4-7PM

**18**  
Alicia CCTB  
4-7PM  

---

Jodi NP  
5-7PM

**19**  
Lacey TBC 4-7 PM  

---

Marisa NP  
4-7PM

**20**  
St. Joes  
1-4PM

**21**  
Marisa NP  
11-4PM

**24**  
Alicia CCTB  
St. Joes 1-4PM  

---

Alyssa TBC 4-7PM

**25**  
Jodi NP  
5-7PM

**26**  
Lacey TBC 4-7 PM

**27**

**28**

**31**  
St. Joes 1-4PM  

---

Alyssa TBC 4-7PM

CCTB: Children's  
Centre Thunder  
Bay  
  
TBC: Thunder  
Bay Counselling

NP: Nurse  
Practitioner

